



Guiding Principles

- The F2F HIC keeps a family-centered approach for all projects and activities
- Promotes positive parent-professional partnerships
- Relies on relationships with a wide range of family leaders, organizations, and agencies
- Keeps current on best practices and policies that impact families and children

Informed Families are Effective!

Finding reliable health information on the internet can be challenging and exhausting. To help, the Oregon Center for Children and Youth with Special Health Needs (OCCYSHN) CaCoon Program has developed this excellent and easy to use guide.

Check it out here!

CONTACT US

**855-F2F-OR-HIC
(855-323-6744)**

Stay in touch by joining our mailing list.

See our short video on F2Fs

Resources and Information for Families of Children and Youth with Special Health Care Needs

Why does Oregon Need a F2F Health Information Center?

When families of children and youth with special health needs were asked about their experiences*,

- 60% reported feeling stressed about meeting their child's unique health needs
- 10% reported that they pay more than \$500 per month in out-of-pocket medical expenses
- nearly 25% said they were unable to pay household bills because of their child's medical expenses

The Oregon F2F HIC is a resource to help families gain the information and resources they need.

*Oregon Center for Children and Youth with Special Health Needs, 2010 Title V Needs Assessment

What will the Oregon F2F Do?

There are 52 Family-to-Family Health Information Centers (F2F HICs) in the United States and territories. Each is unique, reflecting the needs and character of the community and state that it serves. F2F HICs provide

- Assistance to families and professionals in navigating health care systems
- Information, education, training, support and referral services
- Outreach to underserved/underrepresented and rural populations
- Guidance on health programs and policy

The Oregon Family to Family Health Information Center is a family-led effort, funded by a grant from the Health Resources and Services Administration/Maternal and Child Health Bureau. The F2F is closely affiliated with the Oregon Center for Children and Youth with Special Health Needs (OCCYSHN), located at the Child Development and Rehabilitation Center at Oregon Health & Science University. Alternate formats available upon request.