



## No internet or email?

### Get information by mail!

Getting up-to-date information about our kids' health conditions is vital. Oregon Health & Science University's Library offers a valuable, free service to families of children and youth with special health needs.

If you are seeking current information on a health topic of concern to your family or need information that is written in terms you can understand, call the **Health Information by Mail** program at **503-494-8881** or [click here](#).



## CONTACT US

**855-F2F-OR-HIC**  
**(855-323-6744)**

[contact@oregonfamilytofamily.org](mailto:contact@oregonfamilytofamily.org)

[Stay in touch by  
joining our mailing list.](#)

*The Oregon Family to Family Health Information Center is a family-led effort, funded by a grant from the Health Resources and Services Administration/Maternal and Child Health Bureau. The F2F is closely affiliated with the Oregon Center for Children and Youth with Special Health Needs (OCCYSHN), located at the Child Development and Rehabilitation Center at Oregon Health & Science University. Alternate formats available upon request.*

*Resources and Information for Families  
of Children and Youth with Special Health Care Needs*

## How Will the Affordable Care Act Effect Your Family?

This information adapted from: *The Affordable Care Act: A side by side comparison of major provisions and the Implications for Children and Youth with Special Health Needs*; The Catalyst Center, February 2011

The Affordable Care Act, signed into law on March 23, 2010, will help families of children and youth with special health needs in a number of ways. Some significant changes have already taken effect, and more changes will take place in the next few years. Some of the rules presently in effect are:

- Private insurance companies may not deny or limit coverage to children under age 19 based on a pre-existing condition.\*
- Young adults may now stay on their parents' policies if they do not have access to their own insurance until they turn 26.
- Except in the case of fraud, insurance companies cannot drop coverage because of a mistake or omission on an application.
- Children enrolled in Medicaid may be eligible for curative care and hospice care at the same time.
- Well-child visits and preventive services are available without co-pays.\*

\* **Important:** Some plans are considered "grandfathered" and may be exempt from these new rules. Contact your individual plan to fully understand your policy. If you would like help in talking with your insurance company or knowing what to ask, [contact us](#).

## Help with High-Priced Prescriptions

The Oregon Prescription Drug Program (OPDP) can help families with and without insurance get better prices on medications. ALL Oregonians are eligible to join; there is no enrollment fee or paperwork, no age or income requirements, and all FDA approved prescriptions are eligible. For more information: 1-888-411-OPDP or [www.opdp.org](http://www.opdp.org)

