



RESOURCE ROUNDUP



Parents—Team up with Your Child’s School !

Have you ever found it difficult to explain your child’s needs to his or her teachers or child care providers? [GEMSS for Schools](#) has created a collection of materials for parents of children with genetic conditions to share with teachers and assistants. You may download a number of excellent tip sheets on nutrition, behavior, sensory supports, managing field trips, school absences, fatigue, emergencies, and more. New conditions are being added all the time. Families may call 855-323-6744 for more information or reprints of tip sheets.

These resources are not comprehensive or a substitute for medical advice. Inclusion in this newsletter does not imply endorsement by the Oregon Family to Family Health Information Center or Oregon Health & Science University.

FAST FACT:

1 in 10 children with special health needs in Oregon have an unmet need for family support services. Learn more: www.childhealthdata.org



Alternate Newsletter Formats Available Upon Request



The Oregon F2F HIC knows that all families do not have access to the internet. This newsletter is easily printed in black and white on 8.5" x 14" sized paper. Families of children with special needs who do not have internet access may receive this newsletter by mail by calling the toll free number below.

Contact the [Oregon Family to Family Health Information Center](#) at **855-323-6744**

Stay in touch by joining our mailing list!

Resources and Information for Families of Children and Youth with Special Health Care Needs

Resources for Keeping Children with Special Needs Safe

All parents worry about safety. But families of children with special physical, developmental, or behavioral health needs have more to consider. When a child is impulsive, has a sensory impairment, or doesn’t understand your instructions, he or she may be at a greater risk for injury. If you worry about your child and feel you need help to keep him or her safe, speak to your child’s doctors, nurses, teachers, therapists or other providers. Below are some resources specifically aimed at families of children with a variety of special needs.

- Safe Kids USA /Met Life [Video series](#) on Safety and Special Needs. Short videos and tip sheets specifically for families of children with Intellectual Disability (Mental Retardation), Deafness, Blindness or Physical Disability.
- Dennis Debbaud’s excellent guide entitled [“Are You Prepared for an Autism Emergency?”](#) Also available by calling us at 855-323-6744.
- [Child Passenger Safety Clinics](#) are held all around the state. If you would like a consultation about acquiring a special needs car seat or restraint system, call the ACTS Oregon Help Line at (877) 793-2608.
- There are [Safe Kids Coalitions](#) in all corners of Oregon that can help parents with a variety of safety topics and products. Call 971-673-1001 to find a group near you.

Stay Informed

Get the latest safety information delivered right to your inbox.

SIGN UP FOR SAFETY NEWS

Very Low Cost Health Care in Oregon

Federally-funded health centers, sometimes called Community Health Centers, care for you even if you have no health insurance. You pay what you can afford based on your income. Health centers provide:

- Check-ups when you’re well
- Treatment when you’re sick
- Complete care when you’re pregnant
- Immunizations and checkups for your children
- Dental care and prescription drugs for your family
- Mental health and substance abuse care if you need it



Low-income residents can find a Community Health Center in almost every county in Oregon. [Find one close to you.](#) If you do not have internet access, you may call the ORF2F HIC at 1-855-323-6744.

Youth Transition Program (YTP): Youth with Disabilities Prepare for Employment



YTP is a partnership between the Office of Vocational Rehabilitation (OVR), the Oregon Department of Education, local school districts and the University of Oregon. The purpose of YTP is to prepare youth with disabilities for employment or career-related, post-secondary education or training. Currently, YTP serves youth with disabilities in 55 school districts and more than 115 high schools throughout Oregon. YTP is designed to assist students as they transition from school to work with paid competitive employment as the desired outcome.

To find more information about YTP please visit their website at: www.ytporegon.org or call 503-945-5679.