



*Resources and Information for Families of Children and Youth with Special Health Care Needs
By Families, For Families*

News around the state

Trainings for Oregon Families

The Autism Society of Oregon has generously made its calendar available to many other family organizations and programs who are providing trainings and activities related to special needs/ disabilities. Take a look at the calendar [here](#).

Health Insurance Marketplace

Open enrollment, the time period in which you can buy insurance through the Marketplace and get tax credits, will start up again in mid-November. In the meantime, if you have lost your insurance, or have had other life changes (got married or adopted a child, etc.) you may be eligible for the Oregon Health Plan/Healthy Kids or other financial savings to help bring the cost of insurance down. For more info, go to www.coveroregon.com.

FAST FACT about Oregon's Children with Special Needs

4% of privately-insured Oregon children with special health needs do not have a personal doctor or nurse compared to 14% of those with Medicaid. Learn more at: www.childhealthdata.org.



Contact us at
1-855-323-6744
503-931-8930 (Spanish)

[Join our mailing list!](#)

What's new at the Oregon Family to Family Health Information Center?

- ◇ **Our newsletter returns!** We are pleased to be back in business after a brief pause. Look to this newsletter to bring you information about health care topics, tips for navigating systems and services, and ways to connect with other families of children and youth with special health needs.
- ◇ **New Family Liaisons!** Our staff is growing. We are pleased to introduce **Sharyn Smith** and **Galina Burley** to our team. Sharyn will serve Umatilla and Morrow counties and Galina will work with Russian-speaking families that live in all communities around the state.
- ◇ **Funding** for all of the country's F2F HICs was extended through May, 2015! We are grateful for the efforts of legislators in Washington, DC who recognize the value of peer support programs like the F2Fs.
- ◇ **Plans for the coming year** include working closely with other family groups and agencies to provide even more one-to-one coaching, support, and training.

New Resources for Parents of Children with Genetic Conditions:

Receiving the diagnosis of a genetic condition can be hard for families. Most of us are not familiar with the "science" of genetics, and have a lot of questions. Genetic Alliance is one of the best programs around to help families understand the process (and results) of testing. The OR F2F HIC has free copies of the following booklets to help you. If you would like one or more of these, call us at 1-



855-323-6744. We can also connect you with other information, support, and resources. For more info: [Genes in Life](#).

*The resources on this page are not comprehensive nor does inclusion imply endorsement by the Oregon F2F HIC or the Oregon Health & Science University. The OR F2F HIC is a family-led effort, funded by a grant from the Health Resources and Services Administration/Maternal and Child Health Bureau. It is closely affiliated with the Oregon Center for Children and Youth with Special Health Needs (OCCYSHN), located at the Institute on Development & Disability (IDD) at OHSU. Alternate Newsletter formats are available upon request. **Families with no internet access may receive this newsletter by mail by calling 1-855-323-6744.***